



FREQUENTLY

ASKED

QUESTIONS

Can you transport bikes to Hampden?

Yes! You will be able to drop your bike off at Easter Road, information on when will be released with the final event instructions 2 weeks before.

Can you transport me to Hampden?!

Yes! A coach will depart from Easter Road Stadium on the morning of the cycle.

Will mechanical support be provided?

Yes! Leith Cycle Co. will be providing mechanical support on the day. Mechanical support will be provided at the start point, and at 2 rest points along the route.

Leith Cycle Co. will also be providing free safety checks at their store in Leith, for all event participants. Please call 0131 467 7774 to book in your free safety check.



What information will I receive in advance?

You will receive an email with your final event instructions 2 weeks before the event.

How are the waves of cyclists organised?

Participants will be split into waves of 6-8 people. Each wave will leave 3 minutes apart from Hampden Park.

Can I volunteer for the event?

Yes! We have a range of volunteer roles to help make the Journey Home from Hampden 2025. Whether you're supporting cyclists on the route or helping at the start and finish lines, every role is vital. We are recruiting for the following roles:

- Start Line Team
- Route Assistants
- First Aid Volunteers
- Finish Line Team

Are there toilets on the Route?

Yes, there will be toilets located at the start point and at each of rest points along the route.

Is parking available?

Please refer to our final event instructions (emailed 2 weeks before the event), which will contain information on parking locations.

Is there an afterparty?

Yes! There will be a celebration at the end of the event at Easter Road Stadium for all taking part. Food will be provided and there will be a paid bar. This is a great chance to relax and unwind after a long cycle, and we hope that you can make it.

Do I need to Fundraise?

We ask that all participants fundraise a minimum of £90 + £2 to take part in our Journey Home from Hampden in aid of Team United. Please set up your fundraising page at the following link: <https://www.justgiving.com/campaign/journey-home-from-hampden-2025>

If you would not like to fundraise, you can choose to make a direct donation to the cause at the above link, clicking the "Give Now" button. 100% of direct donations will be allocated to Team United.

Is there a minimum age?

Our Journey Home from Hampden is open to cyclists aged 16 and over on the day of the event.

Can I be in the same start wave as my friend?

If you would like to start in the same wave as your friends, please input a 'Team Name' during the registration process.

What Type of bike can I use?

Road bikes are preferable, but gravel, mountain, hybrid touring bikes and tandembikes are acceptable. If you are riding tandem, both participants need to enter as individual participants.

An electric bike or Ebike is permitted, provided it is a UK road legal bike.

Where can I hire a bike for the event?

If you would like to hire a bike for the event, head to <https://leithcycleco.com>

Do I have to wear a helmet?

An approved bike safety helmet must be worn by all participants whilst taking part in the event.

What should I bring on the day?

We recommend you bring:

- A water bottle to stay hydrated.
- Snacks or energy gels (Although some refreshments will be available at rest stops).
- A fully charged mobile phone.
- Whether appropriate clothing (layers, rain jacket, etc.)

Is this event on open roads?

Yes, the event will take place on open roads, but we've done our best to plan a route that uses quieter roads and cycle paths wherever possible. Meaning normal road rules apply, participants must:

- Obey traffic signals and signs
- Signal clearly
- Be cautious of larger vehicles
- No riding on pavements
- Ride on the left

Can I wear headphones during the event?

No... For safety reasons, headphones or earbuds are not permitted while cycling as you need to be fully aware of your surroundings.

Who can I contact if I have more questions?

Feel free to email cameron@hiberniancf.org, who will get back to you as soon as possible.